

Re: Ruben Safir (DOB 4/1/17)

6/6/17

Client is known to this writer since 1/20/16, as his psychiatric prescriber in my role as psychiatric nurse practitioner. He has been treated at the Jewish Board Boro Park Clinic for less than 3 years. He sees a therapist weekly and has psychiatric visits monthly. His diagnosis is Bipolar Disorder and he is currently taking Lithium XR 450 mg po bid.

He has no history of psychiatric hospitalizations or suicide attempts. He has never presented with suicidal ideations during his psychiatric visits. He is not in danger to self or others. Per his therapist, his continued treatment is predicated on his desire to resolve personal struggles and is not regarded as urgent or essential.

His mood symptoms are stable and he is aware of when he needs medication or medication adjustments. He is an intelligent, resourceful individual who is capable of flying overseas and adapting to a new culture.



Rhoda Berger, NPP

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Lc. # F400389

DEA # MB0306003