**BTK Inhibitors for the Treatment of B-Cell Malignancies:** Clinical Updates for Specialty Pharmacists

This live broadcast is a part of Asembia's 2020 Specialty Pharmacy Summit Virtual Experience and takes the place of the continuing education satellite program originally scheduled at Asembia's 2020 live event.



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### **Faculty and Staff Disclosures**

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- Consultant AbbVie, Seattle Genetics
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### BTK Inhibitors for the Treatment of B-Cell Malignancies: Clinical Updates for Specialty Pharmacists

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### **Educational Objectives**

At the completion of this activity, participants will be able to:

- Explain the link between the BCR pathway in the pathophysiology of Bcell malignancies and the role of BTK inhibition for treatment of B-cell malignancies
- Determine the recommended treatment for a given B-cell malignancy based on patient- and disease-specific characteristics
- Develop a counseling and monitoring plan for a patient who is newly started on therapy with a BTK inhibitor for the treatment of a B-cell malignancy

#### Lymphoma Non-Hodgkin Lymphoma Hodgkin Lymphoma +21,040 new (NHL) cases of CLL New cases: 8480 (10%) New cases: 77,240 (90%) **B-Cell Lymphoma T-Cell Lymphoma** Not discussing today **CLL/SLL** NHL-Follicular NOS (18.6%) DLBCL, diffuse large-B-cell lymphoma (17.1%)(10.8%)CLL, chronic lymphocytic leukemia; DLBCL SLL, small lymphocytic leukemia; MZL, marginal zone lymphoma (32.5%) MCL, mantle cell lymphoma PTCL ALCL, anaplastic large-cell Burkitt NOS PTCL-NOS, peripheral T-cell lymphoma not other-wise specified Other (1.6%) (1.7%) MZL MCL WM, Waldenström macroglobulinemia/lymphoplasmacytic. (18.9%)WM (4.1%) (8.3%) AL (1.1%)Siegel RL, et al. CA Cancer J Clin. 2020;70(1):7-30; CL Hairy Cell

(1.1%)

(4.1%)

Al-Hamadani M, et al. Am J Hematol. 2015;90(9):790-795.

### **B-Cell NHL**



Siegel RL, et al. CA Cancer J Clin. 2020;70(1):7-30; Al-Hamadani M, et al. Am J Hematol. 2015;90(9):790-795.

### **Therapies in B-Cell Malignancies**



National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines in Oncology. B-Cell Lymphomas v1.2020.

### **Regimen Acronym Key**

BR	Bendamustine, rituximab	CVP	Cyclophosphamide, vincristine, prednisone
FCR	Fludarabine, cyclophosphamide, rituximab	VR-CAP	Bortezomib, rituximab, cyclophosphamide, doxorubicin, prednisone
Clb + Obi	Chlorambucil, obinutuzumab	DRC	Dexamethasone, rituximab, cyclophosphamide
СНОР	Cyclophosphamide, doxorubicin, vincristine, prednisone	BDR	Bortezomib, dexamethasone, rituximab
HiDAC	High-dose cytarabine	Hyper-CVAD	Cyclophosphamide, vincristine, doxorubicin, dexamethasone alternating with HiDAC, methotrexate
Nordic Regimen	Maxi-CHOP alternating with HiDAC		

### **Considerations When Selecting Therapies**



### **FDA Approval of BTK Inhibitors**



### **BTK Inhibitors in B Cell Malignancies**

Agent	FDA approval	Class	Dose	Route	Supplied
Ibrutinib	CLL (1st+), MCL (2nd+) WM (1st+), MZL (2nd+)	BTKi	MCL: 560 mg daily CLL: 420 mg daily	Oral	70-, 140-, 280-, 420-, and 560-mg tablets
Acalabrutinib	MCL (2nd+) CLL (1st+)	BTKi (2nd gen)	100 mg twice daily	Oral	100-mg capsule
Zanubrutinib	MCL (2nd+)	BTKi (2nd gen)	160 mg twice daily or 320 mg daily	Oral	80-mg capsule

Imbruvica. Prescribing information. Pharmacyclics LLC; 2020; Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019; Brukinsa. Prescribing information. BeiGene USA, Inc; 2019.





### **BTK Inhibitors Not Created Equal**

IC<sub>50</sub>/EC<sub>50</sub> (nM)

Kinase	Ibrutinib	Acalabrutinib	Zanubrutinib
BTK	1.5	5.1	0.5
TEC	10	126	44
ІТК	4.9	>1000	50
BMX	0.8	46	1.4
EGFR	5.3	>1000	21
ERBB4	3.4	16	6.9
JAK3	32	>1000	1377
BLK	0.1	>1000	2.5

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### **Irreversible vs Reversible BTK Inhibitors**

#### **Irreversible inhibitor**

- Most drugs are not irreversible inhibitors due to toxicity
- Ibrutinib, acalabrutinib, zanubrutinib, tirabrutinib
  - Irreversibly bind to some non-BTK kinases as well



Berglöf A, et al. Scand J Immunol. 2015;82(3):208-217.

### **Reversible inhibitor**

- Being developed to be more BTK selective, have fewer off-target effects, and allow for persistent binding to mutated BTK (or different BTK binding site) to overcome resistance
- ARQ-531, LOXO-305, ICP-022, SNS-062



Time (hours)

## **Chronic Lymphocytic Leukemia (CLL)**



- Incidence:
  - Estimated 21,040 Americans in 2020
- Deaths:
  - 4060 in 2020
- Median age: 70 years

- Most prevalent leukemia
- Prognostic factors:
  - del(17p)/TP53 mutation, unmutated IGHV, complex karyotype
- CLL and SLL (same malignancy)
  - CLL: >5000 clonal lymphocytes in blood
  - SLL: <5000 clonal lymphocytes in blood but presence of lymphadenopathy and/or splenomegaly

IGHV, immunoglobulin heavy chain variable.

Siegel RL, et al. CA Cancer J Clin. 2020;70(1):7-30; SEER cancer stat facts: leukemia - chronic lymphocytic leukemia (CLL). National Cancer Institute. Accessed May 5, 2020. seer.cancer.gov/statfacts/html/clyl.html; NCCN Clinical Practice Guidelines in Oncology. Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma v4.2020.

### First-Line Treatment in CLL: Pre-BTKi

Population	Old standard	New standard
Young/fit	Mutated IGVH: FCR Unmutated IGVH: FCR or BR	
Older/fit	Bendamustine + rituximab	
Elderly/comorbidities	Chlorambucil + Obi	

### ECOG 1912 Trial: Ibrutinib + R vs FCR

End point	IGHV status	Ibrutinib-R	FCR	P-value
PFS	All Patients	89.4%	72.9%	
	Unmutated	90.7%	62.5%	<0.001
OS		98.8%	91.5%	

Conclusions	Ibrutinib + R improved PFS compared with FCR, especially in IGHV unmutated CLL	
Shanafelt TD, et al. <i>N Engl J Med</i> . 2019;381(5):432-443.	PFS, progression-free survival; OS, overall survival.	

### First-Line Treatment in CLL: Changing Landscape

Population	Old standard	New standard
Young/fit	Mutal d IGY i: FCR Unmutate GVH: FCR /r Bi	lbrutinib + rituximab*
Older/fit	Bendamustine + rituximab	
Elderly/comorbidities	Chlorambucil + Obi	

\*Mutated IGVH without del(17p)/TP53 mutation can consider FCR.

### Alliance A041202 Trial

#### <u>Ibrutinib + rituximab</u> vs <u>ibrutinib alone</u> vs <u>bendamustine + rituximab</u>

Treatment arm	Median PFS	2-year PFS	P-value
Ibrutinib	Not reached	87%	
lbrutinib + R	Not reached	88%	<0.001
BR	43 months	74%	

Conclusions	<ul> <li>No improvement with adding rituximab to ibrutinib</li> <li>Ibrutinib ± R improved PFS vs BR</li> </ul>
	Vast majority of patients with CLL no longer need chemotherapy

Woyach JA, et al. N Engl J Med. 2018;379(26):2517-2528.

### First-Line Treatment in CLL: Changing Landscape

Population	Old standard	New standard
Young/fit	Mutal d IGY i: FCR Unmutate GVH: FCR /r B	lbrutinib + rituximab*
Older/fit	Benda ny cine + rity a pab	Ibrutinib
Elderly/comorbidities	Chlorambucil + Obi	

\*Mutated IGVH without del(17p)/TP53 mutation can consider FCR; can consider no rituximab with ibrutinib based on ALLIANCE trial (but now FDA approved).

### **ELEVATE-TN Trial**

#### <u>Acalabrutinib + obinutuzumab vs acalabrutinib alone vs chlorambucil + obinutuzumab</u>

Treatment arm	PFS at 30 months	<i>P</i> -value
Acalabrutinib	90%	
Acalabrutinib + obininutuzumab	82%	Not reported
Chlorambucil+ obininutuzumab	34%	Not reported

• Acalabrutinib ± Obi improved PFS vs chlorambucil + Obi

Conclusions

- No significant PFS improvement with adding Obi to acalabrutinib
- Higher ORR with adding Obi to acalabrutinib (94% vs 79%; *P* < 0.0001)

ORR, overall response rate.

Sharman JP, et al. Presented at 2019 ASH Annual Meeting, December 7-10, 2019. Abstract 31.

### First-Line Treatment in CLL: Changing Landscape

Population	Old standard	New standard
Young/fit	Muta、d IG' A: FCR Unmutate GVH: FCR r B	lbrutinib + Rituximab*
Older/fit	Benda ny cine + rity a pab	Ibrutinib
Elderly/comorbidities	Chloram (cil + Obi	Acalabrutinib +/- Obi Ibrutinib Venetoclax + Obi

\*Mutated IGVH without del(17p)/TP53 mutation can consider FCR; can consider no rituximab with ibrutinib based on ALLIANCE trial (but now FDA approved).

### Future Directions: Phase 2 Ibrutinib With Venetoclax



MRD, minimal residual disease.

#### Study design

• Phase 2, single-center, open-label

Primary end point

 Complete response (CR) rate (with or without blood count recovery)

Jain N, et al. N Engl J Med. 2019;380(22):2095-2103.

### Phase 2 Ibrutinib With Venetoclax: Results

Treatment arm	n	Undetectable MRD in bone marrow (%)	CR (%)	Partial response (PR) (%)
3 cycles ibrutinib	75			96
3 cycles ibrutinib + Ven	72	17	57	43
6 cycles ibrutinib + Ven	70	40	73	27
9 cycles ibrutinib + Ven	60	52	83	17
12 cycles ibrutinib + Ven	33	61	88	12
18 cycles ibrutinib + Ven	26	69	96	4

#### Conclusions

- Ibrutinib + Ven leads to high CR rates and high MRD negativity
- PFS at 1 year was 98% and OS at 1 year was 99%
- Multicenter phase 3 trial eagerly awaited

Jain N, et al. N Engl J Med. 2019;380(22):2095-2103.

### **Future Directions: SEQUOIA Trial**



Tam CS, et al. Presented at 2019 ASH Annual Meeting, December 7-10, 2019. Abstract 499.

### **SEQUOIA Trial: Arm C Results**

	Treatment-naïve del(17p) CLL/SLL (N = 90)	
Median follow-up, mo (range)	7 (2.9-14.5)	
Efficacy (best response)		
Overall response rate	92.2%	
CR	0%	
PR	75.6%	
PR with lymphocytosis	16.7%	
Stable disease	6.7%	
Progressive disease	1.1%	

Tam CS, et al. Presented at 2019 ASH Annual Meeting, December 7-10, 2019. Abstract 499.

### **CLL Treatment 2020: First-Line Therapy**



\* Select regimens are included. More therapies are included in the guidelines and may be selected based on patient- and disease-specific factors.

### **CLL Treatment 2020: Relapsed/Refractory**



\*NCCN Clinical Practice Guidelines in Oncology. Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma v4.2020.

\* Select regimens are included. More therapies are included in the guidelines and may be selected based on patient- and disease-specific factors.

### Mantle Cell Lymphoma (MCL)



- Incidence: 6% of NHL
- Deaths:
  - Low risk: 5-year OS 60%
  - Intermediate risk: median 51-month OS
  - High risk: median 29-month OS
- Median age: 63 years

- Hallmark:
  - t(11;14)
- Prognostic factors:
  - p53 mutations, ATM, CCND2 or 3, SOX11, IGHV
- Cytologic variants
  - Classic, small-cell, blastoid, pleomorphic

NCCN Clinical Practice Guidelines in Oncology. B-Cell Lymphomas v1.2020; Armitage JO, Weisenburger DD. J Clin Oncol. 1998;16(8):2780-2795; Hoster E, et al. Blood. 2008;111(2):558-565; SEER Cancer Stat Facts: non-Hodgkin lymphoma. National Cancer Institute. Accessed May 5, 2020. seer.cancer.gov/statfacts/html/nhl.htm; Eskelund CW, et al. Blood. 2017;130(17):1903-1910; Jain P, Wang M. Am J Hematol. 2019;94(6):710-725; Tiemann M, et al. Br J Haematol. 2005;131(1):29-38; Herrmann A, et al. J Clin Oncol. 2009;27(4):511-518.

### MCL Treatment 2020



### Ibrutinib Pooled Analysis: R/R MCL



### ACE-LY-004 Trial: Acalabrutinib for R/R MCL Results



Wang M, et al. *Lancet*. 2018;391(10121):659-667; Wang M, et al. *Leukemia*. 2019;33(11):2762-2766.

### BCG-3111-206 Trial: Zanubrutinib for R/R MCL Results



Song Y, et al. Hematol Oncol. 2019;37:45-46.

### **Future Directions: AIM Trial Ibrutinib + Venetoclax for R/R MCL**



• CR at week 16

• Phase 2, multicenter, open-label

**Population** 

• No notable

Study design

Tam CS, et al. N Engl J Med. 2018;378(13):1211-1223.
#### AIM Trial: Ibrutinib + Venetoclax for R/R MCL Results



Tam CS, et al. N Engl J Med. 2018;378(13):1211-1223; Handunnetti SM, et al. Blood. 2019;134(suppl 1):756.

### Waldenström Macroglobulinemia (WM)



- Incidence:
  - <1% of NHL; 100-1500 new cases/year
- Deaths:
  - 60% OS at 5-years
- Median age: 63 years

- Hallmark:
  - MYD88<sup>L265P</sup> (>90%), high IgM
- Prognostic factors:
  - MYD88<sup>WT</sup> and CXCR4 mutations
- Presentation
  - Hyperviscosity, neuropathy, adenopathy or organomegaly, amyloidosis, cryoglobulinemia, cold agglutin disease, and cytopenias

NCCN Clinical Practice Guidelines in Oncology. Waldenström Macroglobulinemia/Lymphoplasmacytic Lymphoma v1.2020; Key statistics about Waldenstrom macroglobulinemia. American Cancer Society. Published July 19, 2018. Accessed May 5, 2020. cancer.org/cancer/waldenstrom-macroglobulinemia/about/key-statistics.html; Castillo JJ, Treon SP. *Leukemia*. 2019;33(11):2555-2562.

#### **Revisited:** Pathophysiology and Mechanism of Action in WM



### iNNOVATE Trial Ibrutinib + Rituximab vs <u>Rituximab</u>

End point	lbrutinib-R (n = 75), %	Rituximab (n = 75), %	
ORR	92	47	p<0.00
CR	3	1	
Very good PR	23	4	– p<0.00
PR	47	27	
Minor response	20	15	
Median serum IgM level	Decreased by 56%	Increased by 6%	

Dimopoulos MA, et al. N Engl J Med. 2018;378(25):2399-2410.

### iNNOVATE Trial Ibrutinib + Rituximab vs <u>Rituximab</u>



#### Led to FDA approval in WM

#### Conclusions

Ibrutinib + rituximab improves PFS over rituximab alone

- Median PFS: NR vs 20.3 months; HR
   0.2 (95% Cl, 0.11-0.38); P < 0.001</li>
- 30-month PFS: 82% vs 28%
- 30-month OS: 94% vs 92%

Patients with mutations in CXCR4 or MYD88<sup>WT</sup> have lower and slower responses

### ACE-WM-001 Trial: Acalabrutinib for WM Results

End point	Treatment naïve (n = 14), %	R/R (n = 92), %	End point	MYD88 <sup>L265P</sup> (n = 36)	МҮD88 <sup>wт</sup> (n = 14)
ORR	93	93	ORR	94	79
Very good PR		9	Very good PR	11	
PR	79	72	PR	69	64
Minor response	14	13	Minor response	14	14

Owen RG, et al. Lancet Haematol. 2020;7(2):e112-e121.

#### Future Directions: ASPEN Trial Zanubrutinib vs Ibrutinib



A Study Comparing BGB-3111 and Ibrutinib in Participants With Waldenström's Macroglobulinemia (WM) (ASPEN). ClinicalTrials.gov identifier: NCT03053440. Updated April 24, 2020. Accessed May 5, 2020. clinicaltrials.gov/ct2/show/NCT03053440?term=NCT03053440&draw=2&rank=1; BeiGene. News release. Published December 16, 2019. Accessed May 5, 2020. globenewswire.com/news-release/2019/12/16/1960839/0/en/BeiGene-Announces-Results-of-Phase-3-ASPEN-Trial-of- Zanubrutinib-Compared-to-Ibrutinib-for-the-Treatment-of-Patients-with-Waldenstr%C3%B6m-s-Macroglobulinemia.html

### WM Treatment 2020 (First-Line Therapy)



Lymphoma v1.2020; Vaxman I, Gertz M. Leuk Lymphoma. 2020;1-13.

### WM Treatment 2020 (R/R Therapy)



NCCN Clinical Practice Guidelines in Oncology. Waldenström Macroglobulinemia/Lymphoplasmacytic Lymphoma v1.2020; Vaxman I, Gertz M. Leuk Lymphoma. 2020;1-13.

\*If not previously received.

### **BTK Inhibitor Resistance**

- Resistance in CLL more well described than MCL and WM
- 2 primary mediators of resistance
  - BTK point mutation (ie, BTK<sup>C481S</sup>; others: C481R, C481F, and C481Y)
    - Changes irreversible BTK inhibitor to reversible inhibitor with decreased BTK binding affinity
  - *PLCG2* mutation (ie, R665W, S707Y, L845F)



Woyach JA, et al. N Engl J Med. 2014;370(24):2286-2294; Woyach JA, et al. J Clin Oncol. 2017;35(13):1437-1443; Ahn IE, et al. Blood. 2017;129(11):1469-1479; Woyach JA, et al. Blood. 2019;134(suppl 1):504; Furman RR, et al. N Engl J Med. 2014;370(24):2352-2354; Jain P, et al. Br J Haematol. 2018;183(4):578-587; Jiménez C, et al. Br J Haematol. Published online February 27, 2020. doi: 10.111/bjh.16463

### Novel Approaches to BTK Inhibitor Resistance/Progression

Approach	Agent
Reversible BTK inhibitors	ARQ-531, Loxo-305, ICP-022 (Orelabrutinib), SNS-062 (Vecabrutinib)
Different target	Venetoclax, CAR-T, idelalisib, duvelisib
Chemotherapy	Depends on clinical scenario and disease (ie, R-BAC for MCL)

Reiff SD, et al. *Blood.* 2016;128(22):Abstract 3232; Binnerts ME, et al. 2015 AACR-NCI-EORTC International Conference on Molecular Targets and Cancer Therapeutics. Abstract C186; Brandhuber B, et al. SOHO 2018. Abstract CLL-200; McCulloch R, et al. *Br J Haematol*. Published online February 3, 2020. doi: 10.1111/bjh.16416; Wang M, et al. *N Engl J Med.* 2020;382(14):1331-1342.

#### BTK Inhibitors for the Treatment of B-Cell Malignancies: Clinical Updates for Specialty Pharmacists

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#### **Patient Case**

AJ is a 64-year-old man with relapsed MCL who is initiating therapy with zanubrutinib.

- On what adverse effects would you counsel the patient?
- What supportive care recommendations would you make?
- How do we best coordinate efforts between the stakeholders in this patient's care including the primary oncology team and specialty pharmacy?

# Patient Counseling and Monitoring Plans

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Rule S, et al. *Haematologica*. 2019;104(5):e211-e214; Tam CS, et al. *Hematol Oncol*; 2019;37:245-247; Wang M, et al. *Lancet*. 2018;391(10121):659-667; Imbruvica. Prescribing information. Pharmacyclics LLC; 2020. Brukinsa. Prescribing information. BeiGene USA, Inc; 2019; Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019.

### **Multidisciplinary Collaboration**

#### • Pharmacy-led oral chemotherapy management programs improved

- Patient knowledge, adherence rates that exceeded nationally established thresholds, superior response outcomes in CML
- Adherence to national oral chemotherapy prescribing standards
- Time to medication access
- Identification of clinically significant issues (most common: adverse drug reactions, 40%; modification of laboratory monitoring, 25%)
- Provider and patient satisfaction

Multidisciplinary collaboration	Drug interactions and administration considerations	Supportive care recommendations	AE management	Patient activation and communication	Financial barriers and medication access

#### CML, chronic myelogenous leukemia.

Hansen EA, et al. J Pharm Pract. 2016;29(3):206-211; Holle LM, et al. J Oncol Pharm Pract. 2016;22(3):511-516; Lam MS, et al. J Oncol Pharm Pract. 2016;22(6):741-748; Muluneh B, et al. J Oncol Pract. 2018;14(6):e324-e334; Perez A, et al. J Hematol Oncol Pharm. 2015;5:99-108; Mancini R, et al. J Clin Oncol. 2012;30(suppl):Abstract 44; Koselke E, et al. J Hematol Oncol Pharm. 2015;5:62-68; Mackler E, et al. J Oncol Pract. 2019;15(4):e346-e355.

#### **Characteristics of BTK Therapies**

Agent	Metabolism and transport	Concurrent CYP3A4 inhibitor	Concurrent CYP3A4 inducer	Concurrent acid suppression
Ibrutinib	Substrate: CYP2D6 (minor), CYP3A4 (major)	Moderate: Reduce to 280 mg PO daily Strong (posaconazole): Reduce to 70 mg PO daily Strong (other): Avoid	Strong: Avoid	N/A
Acalabrutinib	Substrate: CYP3A4 (major), P-gp, BCRP/ABCG2	Strong: Avoid Moderate: Reduce to 100 mg PO daily	Strong: Increase to 200 mg PO bid	Separate antacids by 2 hours; take acalabrutinib 2 hours prior to H2RAs; avoid PPIs
Zanubrutinib	Substrate: CYP3A4 (major)	Strong: Reduce to 80 mg PO daily Moderate: Reduce to 80 mg PO twice daily	Moderate or Strong: avoid	N/A

BCRP, breast cancer resistance protein; H2RA, H2 receptor antagonist; PPI, proton pump inhibitor.

Imbruvica. Prescribing information. Pharmacyclics LLC; 2020. Brukinsa. Prescribing information. BeiGene USA, Inc; 2019; Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019.

### **Administration of Oral BTK Therapies**

Agent	Pill burden	Frequency	Effect of food	Missed dose recommendations
Ibrutinib	1 tablet	Daily	Administer with <b>OR</b> without food	Same day ASAP
Acalabrutinib	1 capsule (100 mg)	BID	Administer with <b>OR</b> without food; high-fat, high-calorie meal decreases C <sub>max</sub> by 73% and T <sub>max</sub> delayed 1 or 2 hours	Within 3 hours otherwise skip
Zanubrutinib	2-4 capsules (80 mg)	Daily or BID	Administer with <b>OR</b> without food	Same day ASAP

Imbruvica. Prescribing information. Pharmacyclics LLC; 2020. Brukinsa. Prescribing information. BeiGene USA, Inc; 2019; Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019.

#### Infection Prophylaxis: No Standard for BTK Inhibitor

CLL agent	Pneumocystis jirovecii pneumonia (PJP)	Herpes simplex virus (HSV)	Cytomegalovirus (CMV)	Hepatitis B (HepB)	Consider prophylaxis
Agent for prophylaxis or monitoring	Sulfamethoxazole/ trimethoprim or equivalent	Acyclovir or equivalent	CMV PCR Q2-3W	High-risk: prophylaxis and monitoring	with BTK inhibitor for
Acalabrutinib					"high-risk"
Ibrutinib					patients
Zanubrutinib					
Duvelisib	Х		Х		
Idelalisib	Х		Х		HenB
Purine analog	Х	Х	Х		
Venetoclax					DID
Bendamustine	X	X	X		
Alemtuzumab	Х	Х	Х		
Anti-CD20				Х	CIVIV

EBV, Epstein-Barr virus; PNA, pneumonia.

NCCN Clinical Practice Guidelines in Oncology. Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma v4.2020; Imbruvica. Prescribing information. Pharmacyclics LLC; 2020; Brukinsa. Prescribing information. BeiGene USA, Inc; 2019; Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019; Copiktra. Prescribing information. Verastem Oncology; 2019; Zydelig. Prescribing information. Gilead Sciences Inc; 2018; Venclexta. Prescribing information. AbbVie Inc; 2019.

## **Adverse Effect Management**

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### **Off-Target Effects**

TEC	Platelet effects, T-cell priming	
EGFR	Rash, cardiac toxicity, diarrhea	
SRC	Platelet effects	)
BMX	Cardiac toxicity	
ІТК	Antibody-dependent cellular cytotoxicity, migration of PMN	)
	PMN, polymorphonuclear leukocyte.	)
JAK3		J
ERBB4	Cardiac toxicity	)

Berglöf A, et al. *Scand J Immunol*. 2015;82(3):208; Shatzel JJ, et al. *J Thromb Haemost*. 2017;15(5):835-847; Bye AP, et al. *Blood Adv*. 2017;1(26):2610-2623; Ghez D, et al. *Blood*. 2018;131(17):1955-1959; Woyach JA. *Blood*. 2018;132(18):1869-1870; Rogers K. *Blood*. 2018;131(17):1882-1884; Ruchlemer R, et al. *Mycoses*. 2019;62(12):1140-1147; Rogers KA, et al. *Leukemia*. 2019;33(10):2527-2530; Bose P, et al. *Expert Opin Drug Metab Toxicol*. 2016;12(11):1381-1392.

### Ibrutinib Safety in the "Real World"

• Multicenter, retrospective analysis of patients with CLL treated in clinics and clinical trials (N = 616)

#### **Discontinuation rate: 42% after median follow-up of 17 months**

Reasons for discontinuation (%)			
Front line	Relapsed		
Arthralgias (42)	Atrial fibrillation (12.3)		
Atrial fibrillation (25)	Infection (11)		
Rash (16)	Pneumonitis (10)		
	Bleeding (9)		
	Diarrhea (7)		

• Of note, BTK C481S mutations render patients refractory to BTK therapies

Mato AR, et al. Haematologica. 2018;103(5):874-879; Dickerson T, et al. Blood. 2019;134(22):1919-1928.

#### **Retrospective review from Ohio State**

- 78.3% new or worsened hypertension (HTN) over a median of 30 months
- New HTN in 71.6% of ibrutinib users; 17.7% developed high-grade HTN (BP >160/100 mm Hg)
- 50% cumulative incidence of 4.2 months
- New or worsened HTN was associated with increased major adverse cardiovascular effects (HR, 2.17; 95% CI, 1.08-4.38)
- No single antihypertensive class was associated with prevention or control of ibrutinib-related HTN

### Safety of Acalabrutinib from ASCEND

Advorce reaction	Acalabrutuinib (n = 154)		Idelalisib + R (n = 118)		BR (n = 35)	
Adverse reaction	All grades (%)	Grade ≥3 (%)	All grades (%)	Grade ≥3 (%)	All grades (%)	Grade ≥3 (%)
Infections	56	15	65	28	49	11
Neutropenia	48	23	79	53	80	40
Anemia	47	15	45	8	57	17
Thrombocytopenia	33	6	41	13	54	6
Lymphocytosis	26	19	23	18	2.9	2.9
Headache	22	0.6	6	0	0	0
Diarrhea	18	1.3	49	25	14	0
Hemorrhage	16	1.3	5	1.7	6	2.9
Fatigue	15	1.9	13	0.8	31	6
Musculoskeletal pain	15	1.3	15	1.7	2.9	0

Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019.

### Safety of Zanubrutinib from BGB-3111 Trials

	Zanubrutinib (n = 118)		
Adverse reaction	All grades (%)	Grade ≥3 (%)	
Neutropenia	38	15	
Thrombocytopenia	27	5	
WBC decrease	25	5	
Anemia	14	8	
URTI	39	0	
Pneumonia	15	10	
Urinary tract infection	11	0.8	
Rash 🗪	36	0	
Diarrhea 🗾	23	0.8	
Hypertension	12	3.4	
Hemorrhage	11	3.4	

Brukinsa. Prescribing information. BeiGene USA, Inc; 2019.

URTI, upper respiratory tract infection.

### **Management of Ibrutinib AEs and Pearls**

#### Ibrutinib

- Muscle cramps: magnesium and calcium tablets
- Hypertension: standard management, discontinue if 2-3 meds required
  - Median time to onset, 5.9 months (range, 0.03–24 months)
- Arthralgias/myalgias
  - Acetaminophen, prednisone, quinine/tonic water, discontinue
- Leg lymphedema: discontinue
- Fatigue: reduce dose/discontinue

- For patients who experience grade 3/4 nonhematologic AEs, ibrutinib should be held until resolution to baseline or grade 1
- Once resolved, restart at:
  - 1st occurrence: starting dose of 420 mg PO daily for CLL or WM; 560 mg PO daily for MCL or MZL
  - 2nd/3rd recurrence: decrease dose by 140 mg per recurrence
  - 4th recurrence: **discontinue**
- Mid-cycle trade-in program available

Weerdt I, et al. Haematologica. 2017;102(10):1629-1639; Imbruvica. Prescribing information. Pharmacyclics LLC; 2020.

### **Management of Acalabrutinib AEs and Pearls**

#### Acalabrutinib

- Headaches
  - Acetaminophen, caffeine, hydration
- Arm skin thickening/lymphedema
  - Discontinue
- HTN
  - Standard management: discontinue if 2-3 meds required

- For patients who experience grade 3/4 nonhematologic AEs, acalabrutinib should be held until resolution to baseline or grade 1
- Once resolved, restart at:
  - 1st or 2nd recurrence: restart at starting dose (100 mg twice daily)
  - 3rd recurrence: restart at 100 mg once daily
  - **4th recurrence:** acalabrutinib should be discontinued
- Mid-cycle trade-in program available

Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019.

### **Management of Zanubrutinib AEs**

#### Zanubrutinib

- Rash: topical emollients or corticosteroids
- Diarrhea: if no evidence of infection, antidiarrheals as needed
- Infection: monitor and treat as needed
- Hypertension: standard management, discontinue if 2-3 meds required

- For grade 3/4 nonhematologic AEs, zanubrutinib should be held until resolution to baseline or grade 1
- Once resolved, restart at:
  - 1st occurrence: 320 mg PO once daily (or 160 mg PO BID)
  - 2nd recurrence: 160 mg PO once daily (or 80 mg PO BID)
  - 3rd recurrence: **80 mg PO once daily**
  - 4th recurrence: discontinue
- Mid-cycle trade-in program available

Brukinsa. Prescribing information. BeiGene USA, Inc; 2019.

### **Other AEs of Interest: Atrial Fibrillation**

#### All Grades: <u>Ibrutinib (8.4%) > Acalabrutinib (4.1%) > Zanubrutinib (2%)</u>

#### Prevention

• Monitor for signs and symptoms: palpitations, lightheadedness, dizziness, fainting, shortness of breath, chest discomfort

#### Management

- If CHA<sub>2</sub>DS<sub>2</sub>-VASc score ≥2, guidelines recommend anticoagulation
- Consider non-warfarin anticoagulation
  - In combination with ibrutinib, prefer rivaroxaban or apixaban
- Monitor carefully; if uncontrolled, consider switching to alternative therapy

Weerdt I, et al. *Haematologica*. 2017;102(10):1629-1639; Imbruvica. Prescribing information. Pharmacyclics LLC; 2020; Chai LK, et al. *Leuk Lymphoma*. 2017;58(12):2811-2814; Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019; Jones JA, et al. *Br J Haematol*. 2017;178(2):286-291; Brukinsa. Prescribing information. BeiGene USA, Inc; 2019.

### **Other AEs of Interest: Bleeding**

#### Major Bleeding: Ibrutinib (4%) > Acalabrutinib (3%) > Zanubrutinib (2%)

#### Prevention

- Impact of platelet aggregation is reversible within 1 week of discontinuation
- Clinical trials excluded patients receiving warfarin
- Consider risks and benefits with antiplatelet and anticoagulation therapy
- Monitor for signs of bleeding
- Surgery: Evaluate risk and benefit
  - All BTK inhibitors
    - Hold for 3 days pre and 3 days post surgery; consider the benefit-risk for 3-7 days pre and post surgery
    - Minor surgery: hold for 3 days pre and 3 days post surgery
    - Major surgery: hold for 7 days pre and 7 days post surgery

Weerdt I, et al. *Haematologica*. 2017;102(10):1629-1639; Imbruvica. Prescribing information. Pharmacyclics LLC; 2020; Chai LK, et al. *Leuk Lymphoma*. 2017;58(12):2811-2814; Calquence. Prescribing information. AstraZeneca Pharmaceuticals LP; 2019; Jones JA, et al. *Br J Haematol*. 2017;178(2):286-291; Brukinsa. Prescribing information. BeiGene USA, Inc; 2019.

#### **Treatment-Related Lymphocytosis**

# Lymphocytosis does <u>NOT</u> indicate progressive disease.

- Lymphocytosis occurs with many therapies used to treat B-cell malignancies
- BTK inhibitors lead to transient lymphocytosis due to redistribution or release of cells from lymph nodes to peripheral blood
- Often resolves within 8 months from <u>treatment initiation</u> (prolonged durations have been reported)

Chanan-Khan A, et al. *Cancer*. 2011;117(10):2127-2135; Woyach JA, et al. *Blood*. 2014;123(12):1810-1817; Brown JR, et al. *Blood*. 2014;123(22):3390-3397; NCCN Clinical Practice Guidelines in Oncology. Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma v4.2020.

# Patient Activation and Communication

BTK Inhibitors for the Treatment of B-Cell Malignancies: Clinical Updates for Specialty Pharmacists

### **Oral Chemotherapy Logistics**



- Inappropriate dosing
- Baseline labs and monitoring
- Need for education
- Insurance and procurement

<u>Pharmacists</u> provide <u>clinical considerations</u> and <u>operational best practices</u> to optimize oral chemotherapy dispensing and management.

Timmers L, et al. BMC Cancer. 2017;17(1):122; Mulkerin DL, et al. J Oncol Pract. 2016;12(10):e912-e923; Battis B, et al. J Oncol Pharm Pract. 2017;23(8):582-590.

#### **Barriers: Medication Persistence**

#### The first year is critical.



Mato AR, et al. Cancer Biol Ther. 2018;19(7):636-643.

### Impact of Adherence on Efficacy

Study design	Retrospective sub-analysis from RESONATE trial evaluating effect of ibrutinib dose adherence on patient outcomes
Methods	<ul> <li>Treatment adherence measured by overall dose intensity (DI<sub>overall</sub>) and 8-week DI (DI<sub>8-week</sub>)</li> <li>DI defined as proportion of administered vs planned doses</li> <li>Patients with DI below mean considered "low DI"</li> </ul>
Results	<ul> <li>Fewer PFS events in patients with high DI<sub>overall</sub> vs low DI<sub>overall</sub> (12% vs 33%)</li> <li>Patients who missed ≥8 consecutive days experienced more PFS events (30% vs 12%) with decrease in PFS (10.9 months vs NR, P = 0.0151) than those who missed &lt;8 days</li> </ul>

Barr PM, et al. Blood. 2017;129(19):2612-2615.

### **Role of the Pharmacy Team**

#### **Clinical Services**

- Adherence
- Education/counseling
  - Disease state
  - Medication
  - Storage, handling, administration, and disposal
  - When and whom to contact with questions/concerns
- Comprehensive medication review (ie, drug-drug interactions, concurrent CLL therapies)
- Monitoring
  - Efficacy
  - Safety: toxicity management

Patient **engagement** through shared decision making

Treatment decisions are made based on patients' preferences, medical evidence, clinical judgment Patient activation

Improved health outcomes (adherence, patient satisfaction, lower cost of care)

#### **Operational Services**

- Benefits investigation
- Patient assistance programs
- Dispensing and shipping
- Refills and renewals

Hibbard JH, et al. *Health Aff (Millwood)*. 2013;32(2):207-214; Hibbard JH, et al. *Health Aff (Millwood)*. 2013;32(2):216-222; Carman KL, et al. *Health Aff (Millwood)*. 2013;32(2):223-231.

#### **Financial Burden**



Acalabrutinib: drug information. Lexicomp database. Accessed February 24, 2020; Zanubrutinib: drug information. Lexicomp database. Accessed February 24, 2020; Doshi JA, et al. *J Clin Oncol*. 2018;36(5):476-482; Doshi JA, et al. *J Clin Oncol*. 2018;36(5):476-482; Niccolai JL, et al. *J Oncol Pract*. 2017;13(1):e29-e36; Tran G, et al. *Ann Transl Med*. 2018;6(9):166.
## **Economics of Novel Agents in CLL**

#### Trend in disease and cost burden of CLL for the chemoimmunotherapy and the oral targeted therapy scenarios.



#### Prevalence 2011-2025: Increasing by 55% (128K-199K)

- Annual cost of CLL management: Increasing by 590% (\$0.74B-\$5.13B)
- Per-patient lifetime cost of therapy: Increasing by 310% (\$147K-\$604K)
  - Medicare total outof-pocket cost: Increasing by 520% (\$9.2K-\$57K)

Chen Q, et al. J Clin Oncol. 25(2), 2016:166-174. Reprinted with permission © 2017 American Society of Clinical Oncology. All rights reserved.

#### **Patient Case Discussion**

# AJ is a 64-year-old man with relapsed MCL who is initiating therapy with zanubrutinib.

- On what adverse effects would you counsel the patient?
- What supportive care recommendations would you make?
- How often should be this patient be monitored?

#### **Patient Case Discussion**

# AJ is a 64-year-old man with relapsed MCL who is initiating therapy with zanubrutinib.

- How do we best coordinate efforts between the stakeholders in this patient's care including the primary oncology team and specialty pharmacy?
  - Who will provide education?
  - Who will review financial assistance and access?
  - Who will provide monitoring?
  - Who is responsible for follow-up and continual assessment?

### Conclusion

- B-cell malignancies are hematologic malignancies that differ greatly based on the stage of maturation of the cancerous cell and include CLL/SLL, NHLs, and WM
  - Patients with CLL/SLL may never require treatment and others require aggressive therapy up front
  - MCL and MZL often require treatment at diagnosis with intensive therapies ± stem cell transplant
  - WM, a rare subtype, is often treated when patients become symptomatic
- BTK inhibitors have demonstrated strong efficacy and a well-tolerated safety profile in the management of B-cell malignancies
  - Treatment with ibrutinib, acalabrutinib, and zanubrutinib should be tailored to the specific malignancy, patient comorbidities, and ability to adhere to oral therapy
  - In select scenarios, BTK inhibitors may be combined with other agents such as anti-CD20 monoclonal antibodies
- Pharmacists play an integral role in the management of patients with B-cell malignancies through education, AE management, drug–drug interactions, adherence and compliance, and financial procurement

### **Additional Resources**

- Armitage JO, Gascoyne RD, Lunning MA, et al. Non-Hodgkin lymphoma. Lancet. 2017;390(10091):298-310.
- Vose JM. Mantle cell lymphoma: 2017 update on diagnosis, risk-stratification, and clinical management. *Am J Hematol*. 2017;92(8):806-813.
- Khan N, Moskowitz AJ. Where do the new drugs fit in for relapsed/refractory Hodgkin lymphoma? *Curr Hematol Malig Rep*. 2017;12(3):227-233.
- Dimopoulos MA, Kastritis E. How I treat Waldenström macroglobulinemia. *Blood*. 2019;134(23):2022-2035.
- Lee SQ, Raamkumar AS, Li J, et al. Reasons for primary medication nonadherence: a systematic review and metric analysis. *J Manag Care Spec Pharm*. 2018;24(8):778-794.
- Kavookjian J, Wittayanukorn S. Interventions for adherence with oral chemotherapy in hematological malignancies: a systematic review. *Res Social Admin Pharm*. 2015;11(3):303-314.
- Oral chemotherapy education sheets. Available at: oralchemoedsheets.com



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